

# COUNSELING AND DISABILITY SERVICES

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## Counseling Services

Counseling is available to help students adjust to the demands of higher education while fostering and promoting the intellectual, emotional, social, and cultural development of students. By utilizing a variety of college services, online resources, and community referrals, counselors provide students with the support and guidance needed to ensure a healthy and enriching college experience.

Counseling services include stress management, coping skills, and solution-focused guidance. Additional support is available for students experiencing distress mental, emotional or behavioral problems.

The counseling services are available at Kazen Student Center room 132 or can be contacted via phone at 956.721.5137

## Disability Services

The Disability Services Center offers specialized services to students with disabilities to allow them equal access to college programs and services as mandated by Title II of the Americans with Disabilities Act (ADA) of 1990, as amended, and Section 504 of the Rehabilitation Act of 1973.

Under ADA, an individual with a disability is regarded as one who has any of the following:

- has a physical or mental impairment that substantially limits one or more major life activities.
- has record of such impairment; and/or
- is regarded as having such impairment.

Students interested in requesting services must apply at the Disabilities Services Center and be prepared to submit current and objective documentation that supports their disability. The Disabilities Services Center is temporarily located in the Lerma Pena Room 201 at the Ft. McIntosh Campus; services are available at the South Campus by appointment/request.

The types of services provided by the Disabilities Services Center include academic and testing accommodations, auxiliary aids, such as equipment loans in the form of digital recorders, low vision equipment, specialized reading software, calculators, as well as note takers and readers. Additionally, the Disability Services Center also provides students, staff, and the general community with resource materials and information on disabilities.